



Cut the Roots of Your Limiting Beliefs through Family System Constellation

Experiential Workshop
with
Preeti Helena

Northcote Town Hall
189 High Street, Northcote, Melbourne

Sunday, 11 September 2011
9:30 am – 5:30 pm

Success in all areas of your life is awaiting you.

- ◆ Drawn toward depression, reckless behaviour or repeated accidents?
- ◆ Looking for solutions to stubborn problems?
- ◆ Dissatisfied with your career?
- ◆ Do you sense a lack of respect in your workplace?
- ◆ How long have you been trying to manifest transformations in your life?
- ◆ Have you succeeded?

Discover the self-healing power within yourself *and* your system!

Preeti Helena (MA Counselling, BEd) is an internationally certified Master-Trainer in System Constellation and an Open Space Technology expert with a background of 30 years in meditation and group processes. She also has 25 years experience of change processes in Information Technology.

She is using the most powerful, sensitive and revolutionary process to facilitate transformation on all levels. You will find the experience of working with her enriching and fulfilling.

Individual Programs & Sessions by Appointment

Part of the **Discover Your True Self** series, Preeti uses Family System Constellation, Appreciative Inquiry and a Solution-Focussed Approach to help **Cut the Roots of Your Limiting Beliefs**, a most powerful rapid yet sensitive process, to facilitate transformation on all levels.

Family System Constellation uses our intrinsic human sense of space in relationships to reveal long-standing patterns that influence our lives. These patterns often extend over time, entangling those who follow us in the unresolved problems of the past. Powerful information is available when our inner maps of these problems are made visible - enabling us to see how changes might be made and to test their effectiveness.

This process can release trans-generational entanglements and reveal understanding, so that people can take their rightful role:

- ◆ within their **family**,
- ◆ within their **community** and
- ◆ within their **work place**.



Information and Bookings

team@helena-consulting.com.au
or call Zara Motbey on 0418 476 080

www.helena-consulting.com.au/schedule.html

Fees (incl. GST)

Early bird until August 31st: \$165 – Full price: \$195